

# **WORK LIFE – REFRAMING WORK**

February 20/21, 2010 – Pastor John Fuller

## **Introduction**

God works. It's difficult to see God buttoning his shirt, wrapping a tie around his neck, and carpooling to the office, but God does work. In Genesis, we see Him creating the heavens and earth, forming creatures, organizing species, and breathing life. He created us to work too. However, when our work seems pointless, or endless, or unrewarding we become discouraged. It's easy to lose sight of God's intended purposes for our work. But God gave us work as a gift, not as a burden.

## **Discussion**

Talk about your first job. What did you like about it? What did you dislike?

How do you find yourself responding to the idea that God works and He gives us work as a gift? Does this change how you may view your job?

Read Psalm 104 out loud. Is there a particular work of God that stands out to you in this passage? Why does it stand out to you? What does this work tell you about God?

## **Think about it**

After working alongside you for one day, how would a stranger describe you? How would they describe your God? After discussing this question with the group, talk about ways you invite God into your work life and ways you neglect God at work. When you are done, take time to pray for your work.

## **Do something**

Take some time this week to evaluate your attitude toward your work. How is God asking you to reshape the way you look at your job? Throughout your day at work, ask God to help you see work as He does.

As you read the Bible this week, pay attention to how God works and how others work. What do you learn about work and how do you plan on implementing what you discover?

If you feel discouraged at work, partner with a friend or spouse to help encourage you throughout the day with emails, text messages, or phone calls. Use your commute to work to prepare your heart and mind for the day by praying, listening to your favorite band or by driving in silence.

This week, practice becoming aware of God's presence at work. Maybe you need to close your eyes for a minute each hour, or maybe you need to work more slowly and less hurriedly. At the end of the week, reflect on your

experience and decide how you can take steps toward experiencing more of God while at work.