



 FORT DODGE 2017
RESOURCE BOOKLET
ASSISTANCE PROGRAMS IN WEBSTER COUNTY AREA

This Resource Guide was compiled by the Care Ministry at Prairie Lakes Church as a helpful resource for those seeking assistance for their individual needs. It offers easy access to a listing of agencies, their area of assistance and contact information.

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AREAS OF ASSISTANCE

Adult Services

- Community & Family Resources
- Catholic Social Services
- Domestic/Sexual Assault Outreach Center (D/SAOC)
- YWCA Women’s Center for Life Empowerment

Cash Assistance

- Upper Des Moines Opportunity, Inc. (UDMO)

Counseling & Mental Health Services

For counseling resources to meet your specific concerns, please contact care@prairielakeschurch.org.

- Catholic Social Services
- Families First
- Krueger Counseling Center
- Upper Des Moines Opportunity Inc. (UDMO)

Disability Assistance

- Friendship Center
- Lutheran Services in Iowa
- Lifeworks Community Services
- Opportunity Village
- Webster County Community Services

Elderly Services

- Central Place Apartments
- Deercreek Apartments

Family Services

- Catholic Social Services
- Children & Families of Iowa
- Domestic/Sexual Assault Outreach Center (D/SAOC)
- Family Foundations
- Iowa Department of Human Services
- Iowa Women, Infants & Children Program (WIC)
- Lutheran Services Iowa
- Strengthening Families Program: For Parents and Youth 10-14
- Upper Des Moines Opportunity Inc. (UDMO)

Financial

- Iowa Legal Aid

Food Assistance

- Family Nutrition Program (Iowa State University Extension and Outreach—Webster County)
- Iowa Department of Human Services
- Salvation Army
- Lord's Cupboard

Health Care Services

- Community Health Center of Fort Dodge

Housing Assistance

- Beacon of Hope Men's Shelter
- Bridging the Gap
- Fort Dodge Housing Agency
- Iowa Legal Aid
- Mid Iowa Regional Housing Authority (MIRHA)
- Town Square Apartments
- Wahkonsa Apartments
- Webster County Community Services
- Webster County Habitat for Humanity & Restore
- Westridge Townhomes
- Youth Shelter Care of North Central Iowa, Inc.
- YWCA Women's Center for Life Empowerment
- Upper Des Moines Opp. (UDMO)

Job Assistance

- Experience Works
- Greater Fort Dodge Growth Alliance
- Iowa Vocational Rehabilitation Services
- PACE ICC

Rehabilitation Services

- Community & Family Resources
- Rabiner Treatment Center
- YWCA Women's Center for Life Empowerment
- Uper Des Moines Opportunity Inc. (UDMO)

AGENCY SUMMARIES

Beacon of Hope Men's Shelter

1021 1st Ave N

Fort Dodge, IA

515.955.3366

A Christ-centered faith-based ministry working cooperatively with the community to eliminate homelessness.

Bridging the Gap

24 N 9th St Ste B

Fort Dodge, IA

515.573.3170

Provides household items, furniture, beds, etc. to low-income families. Delivery provided; referral necessary.

Catholic Social Services

1200 3rd Ave NW, Ste 1

Fort Dodge, IA

515.576.4156

Offers marriage counseling, sexual and physical abuse therapy, play therapy, family therapy, child/parent therapy, mediation, premarital counseling, pregnancy counseling and adoption. Catholic Social Services works with people from all faiths.

Central Place Apartments

629 Central Ave

Fort Dodge, IA

515.573.2120

Senior apartments for ages 55 and over. Income guidelines apply, and HUD vouchers accepted. Apartments are secure with an elevator and were completely renovated in 2004. Located next to the senior citizens center.

Children & Families of Iowa (CFI)

111 Ave O W
Fort Dodge, IA
515.573.2193

Provides individual and family counseling services, behavioral health intervention services, child psychiatric services, crisis childcare, crisis intervention, youth employment program, 24/7 Dads, domestic and international adoption services, pediatric integrated health homes case management, Girls Circle and Boys Council adolescent groups and Community Partnerships for the Protection of Children coordination.

Community & Family Resources

726 S 17th St
Fort Dodge, IA
515.576.7261

Community and Family Resources is dedicated to proactively assisting individuals, families and communities to achieve healthy behavior and lifestyles through advocacy, prevention and treatment of substance abuse, problem gambling and mental illness.

Community Health Center of Fort Dodge

126 N 10th Street
Fort Dodge, IA
Medical Clinic: 515.576.6500
Dental Clinic: 515.571.8667

Provides comprehensive primary health care to medically underserved populations regardless of ability to pay. Offering programs and services in the areas of men's, women's and children's health, dental and other medical services.

Deercreek Apartments

700 S 17th St
Fort Dodge, IA
515.573.7751
Apartments for elderly residents

Domestic/Sexual Assault Outreach Center

PO Box 773
Fort Dodge, IA
Toll Free Hotline: 888.356.2006
Office Line: 515.955.2273

Domestic/Sexual Assault Outreach Center offers a variety of free and confidential services including residential, counseling, medical advocacy, transportation, food and clothing, information, education and referrals, safety planning, crisis intervention, court advocacy, laundry, case management and personal hygiene supplies.

Experience Works

Three Triton Circle
Fort Dodge, IA
515.576.3131 x224
A senior citizen employment program

Families First

5 N. 27th St
Fort Dodge, IA
888.316.3025

The trained and compassionate counselors at Families First have the experience to work with children to help explore feelings, put words to the feelings and then work through the problem in a more positive way.

Family Foundations (Webster County Health Department)

723 1st Ave S
Fort Dodge, IA
515.573.4107

Provides public health programs and home health services. Offers guidance to parents of small children on appropriate care, nutrition and milestones. Suggests resources available to needy families.

Family Nutrition Program (Iowa State University Extension and Outreach—Webster County)

217 25th St Ste C12
Fort Dodge, IA
515.576.2119

Food budgeting and low-cost meal education for families with children ages 10 and under.

Fort Dodge Housing Agency

700 S 17th St
Fort Dodge, IA
515.573.7751

Low-income rental assistance program (section 8, HUD housing).

Friendship Center

723 1st Ave S
Fort Dodge, IA
515.573.4687

Socialization, recreation and education for people with mental illness.

Greater Fort Dodge Growth Alliance

24 N 9th St
Fort Dodge, IA
515.955.5500

Resources include career opportunities, job training, economic development, business opportunities and more.

Webster County Habitat for Humanity & Restore

118 N 12th St
Fort Dodge, IA
515.576.4316

Retail store for gently used or repurposed household remodeling items.

Iowa Department of Human Services

330 1st Avenue N
Fort Dodge, IA
515.955.6353

Provides a variety of health, food and counseling services.

Iowa Legal Aid

308 Central Ave
Fort Dodge, IA
800.532.1275

Legal assistance in landlord/tenant, section 8, foreclosure and real estate contract issues. Available the first Thursday of each month.

Iowa Vocational Rehabilitation Services

Two Triton Circle
Fort Dodge, IA
515.573.8175

Individual career counseling, academic and vocational training, job placement, assistive technology. To be eligible, one must have a condition that causes barriers in employment.

Iowa Women, Infants & Children Program (WIC)

723 1st Ave S
Fort Dodge, IA
515.573.4107

A supplemental nutrition program for babies, children under the age of five, pregnant women, breastfeeding women and women who have had a baby in the last six months. WIC helps families by providing healthy foods, nutrition education and referrals to other health care agencies. This service is provided through Webster County Health Department.

Iowa Workforce Development—IowaWORKS Center

Three Triton Circle
Fort Dodge, IA
515.576.3131

Job information and assistance in finding employment

Krueger Counseling Center

301 Ave M West
Fort Dodge, IA
515.955.4834

Outpatient mental health center providing individual, family, conjoint and group counseling, as well as in-home counseling and CRISIS Interventions. Krueger Counseling Center is a subsidiary of Youth Shelter Care of North Central Iowa (YSC). Accepts insurance from Medicaid, Blue Cross, Cigna and Health Partners.

Lifeworks Community Services

1303 A St West
Fort Dodge, IA
515.576.2126

Vocational, residential and community support services for persons with mental illness, intellectual or other disabilities.

Lord's Cupboard

127 N 10th St
Fort Dodge, IA
515.576.7586

Provides emergency assistance and basic household supplies that last one week. Assistance given five times per year. Assistance also available to households that have had a fire or family members of domestic situations with no income eligibility required in these emergency situations.

Lutheran Services in Iowa

900 Central Ave, Ste 21
Fort Dodge, IA
515.955.2199

Provides a variety of services to families, children, youth, families, persons with disabilities and refugees

Mid-Iowa Regional Housing Authority (MIRHA)

602 3rd Ave N
Fort Dodge, IA
515.955.8344

Low-income rental assistance program

Opportunity Village

1470 21st Ave N
Fort Dodge, IA
515.573.8243

Provides a variety of services for adults with disabilities

PACE-ICCC

One Triton Circle
Fort Dodge, IA
515.576.7201

Works with people who have low skills, income, etc. to develop career/academic plans

Rabiner Treatment Center

1760 Johnson Ave
Fort Dodge, IA
515.576.7388

Rabiner Treatment Center provides a full continuum of services for the youth they serve. Their programming, which includes residential and non-residential care, is geared to meet a wide variety of client needs. Core services include on-campus education; individual, family and group counseling; skill development; vocational training; community volunteerism and community service and restitution.

Salvation Army

126 N 7th St
Fort Dodge, IA
515.576.1281
Offers food and nutritional programs

Strengthening Families Program: For Parents and Youth 10-14 (Iowa State University Extension & Outreach - Webster County)

217 S 25th St, Ste C12
Fort Dodge, IA
515.576.2119
An evidence-based parent, youth and family skills building curriculum proven to delay the onset of adolescent substance use, lower levels of aggression in youth, increase the resistance to peer pressure in youth, reduce youth conduct problems in school and improve parent skills, including building a positive relationship with their youth, setting appropriate limits and following through on consequences while showing love and support for their children. Voluntary enrollment. Fall and winter sessions.

Town Square Apartments

330 Central Ave
Fort Dodge, IA
515.576.6615
Offers one- and two-bedroom units for persons with disabilities and income below the 50% area median income. Some units reserved for those below the 40% area median income.

Upper Des Moines Opportunity, Inc. (UDMO)

900 Central Ave. Ste 11
Fort Dodge, IA
515.576.7774
Family Development and Self-Sufficiency Program and in-home counseling. Also provides utility assistance. Call to make an appointment. Hours Monday-Friday, 8 a.m.-4 p.m.

INTERESTED IN LEARNING MORE ABOUT PRAIRIE LAKES CHURCH?

Attend a Service

200 Avenue O
Fort Dodge, IA 50501

Service Time:

Sundays @ 9 & 11 a.m.

Call or Visit our Office

200 Avenue O
Fort Dodge, IA 50501
515.302.8889



prairielakeschurch.org