



April 6/7

## GOOD POSTURE

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### INTRODUCTION

In Week 6 of our series on *Luke*, Pastor John focuses on our posture as we approach God. As explained in the parables of Luke 18, we need to exercise persistence in prayer that is undemanding, humble and with a childlike faith focused on Jesus.

### DISCUSSION

1. Sometimes we may be left wondering if God will hear our persistent prayers. **Read 1 John 5:14-15.** What does this tell us about persistent prayer? When thinking of your own persistent prayers, are they “according to His will”? How can you tell?
2. It’s easy to compare ourselves to what we see in others. **Read Romans 12:3, Matthew 23:11-12 and Ephesians 2:8-9,** and discuss what this means for you when you are tempted to compare yourself to others.
3. **Read Romans 8:35-39.** How can you apply this to a current or potential future situation where you are facing discouragement?
4. Discuss what needs to change in your own posture when approaching God and how you can accomplish this.

### DO SOMETHING

1. Pray persistently this week about who you should invite to one of our Easter services.
2. Using humility, look for ways to bless your Little Iowa by helping someone in need.
3. Have coffee with someone whom you can encourage and will also encourage you.

### RESOURCES

1. In his book *Prayer: Experiencing Awe and Intimacy with God*, Timothy Keller offers biblical guidance as well as specific prayers for certain situations, such as dealing with grief, loss, love and forgiveness. He discusses ways to make prayers more personal and powerful and how to establish a practice of prayer that works for each reader.
2. Check out RightNow Media’s video series *Luke: Gospel of Reassurance* by Michael Card.
3. Visit Christian Living: The Posture of Prayer