

April 22 & 23

Navigating Me

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INTRODUCTION

The Academy-award winning film, *The King's Speech*, depicts the story of Britain's King George VI who suffers from a life-long speech impediment. He begins to overcome his stammer after invoking the help of a quirky speech therapist, Lionel Logue. With Lionel at his side, the king delivers an inspiring speech to declare war on Hitler's Germany. Like the king, we must depend on mentoring relationships if we are to overcome the greatest challenges of our spiritual lives. It's like looking in the mirror to see who we are, accepting our vulnerability and committing to change. Jesus illustrates this as He repeatedly holds Peter accountable to serve Him. Despite his shortcomings, Peter becomes the apostle who turns his world upside down proclaiming the name of Christ [Acts 2: 14-41]. We, too, can change our world if we will become accountable to others.

DISCUSSION

Read 1 Peter 5:1-5, Proverbs 9:9, Titus 2:3-5 and Proverbs 27:17. Then, discuss the following.

1. Bob's wife discovers some troubling images on their home computer and confronts her husband about it. At first, he denies knowing anything about them, but after a long painful discussion with his wife, he admits to being addicted to pornography and is ready to work on this issue. What should be Bob's next step? His wife's next step?
2. Cassandra feels called to mentor younger women and happily agrees to meet with Jennifer for a weekly one-on-one study. However, after several meetings with Jennifer, she realizes Jennifer is using their study time not as a time of reflection and growth but more of a "dumping ground." What should Cassandra do?
3. Victor refers to himself as a "lone ranger" Christian. He attends church weekly and feels confident in his salvation but says he doesn't need any "personal attention" to do the will of God. What is Victor missing by not entering into an accountability relationship?

THINK ABOUT IT

Consider this thought from *Today in the Word*: "After a distinguished performing career, virtuoso violinist Jascha Heifetz accepted an appointment as professor of music at UCLA. Asked what had prompted his change of career, Heifetz replied: 'Violin playing is a perishable art. It must be passed on as a personal skill; otherwise it is lost.' We need to listen to this great musician. Living the Christian life is a highly personal experience. We can't pull it off merely by watching skilled veterans 'perform.' We need hands-on instruction."

DO SOMETHING

1. If you are not engaged in a mentoring relationship, ask God to show you a fellow believer who you can be accountable to. Then approach that person to meet regularly and discuss your spiritual challenges, pray and study together.
2. If you are a mature believer, pray God will show you a newer Christian to mentor on a regular basis. Ask your church staff for suggestions if needed. Then take steps to commit to this relationship for the next year. If your schedule will allow it, look for a second person to mentor.

For more information, email discipleship@prairielakeschurch.org.