



July 2/3

## PURPOSE OF THE GRIND

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### INTRODUCTION

Pastor Erik Dunkin starts our new series *Glory in the Grind* in Philippians 2:3-7 by explaining the "Purpose of the Grind." We reflect the character of God, His creativity and order through our work. If we "allow our attitude to be the same as Christ Jesus" in the daily grind, we reflect His character. Living a life of selfless service is the true purpose of the "grind."

### DISCUSSION

1. One of the purposes of work is to reflect the character of God through creativity and structure. **Read Genesis 1:1-28** as a group and discuss how one of your daily tasks reflects this part of God's character.
2. **Read 1 Peter 4:10-11.** Discuss how these verses could be used in your workplace. What attitudes/behaviors need to change in order to bring praise to God? Pray for each other.
3. **Read Philippians 2:3-7.** Discuss this statement: "We work to become more Christ-like, emptying ourselves to benefit others." Pray over each person in your group, that he/she becomes more Christ-like in their everyday tasks.

### THINK ABOUT IT

What is a "daily grind"? For Christ-followers, it's what gives us purpose and the opportunity to serve others. Whenever we use the gifts God has given us for His glory, we're serving Him and the people around us. It all matters, whether it's by being a cashier at the local grocery store, a server in a restaurant, a veterinarian, hair stylist, pharmacist or even the friendly retired neighbor with the beautiful lawn. An added bonus that usually comes with serving others is *joy*—not the kind that comes from external circumstances but the deep and lasting joy that comes from living the daily "grind" God created for us.

### DO SOMETHING

1. Think about one daily task you dread every day [or week]. Give this task over to God, and pray for Him to reveal how you can find purpose in and serve others through this task.
2. Take one day this next week to serve the people who share your daily "grind." A mom could come alongside a child and help them with a chore; a co-worker could share a task, provide the weekly snack, etc.
3. Summertime is a great time to serve people in your community. As a group, see if help is needed with a community garden, park clean-up or volunteer to help at a local gathering.