

NO MORE COIN FLIPS

August 20 & 21

ON MY TIME WITH GOD

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INTRODUCTION

This week, Pastor John kicked off the series *No More Coin Flips* by providing practical steps to chart a different course for spending time with God this fall. He used Psalm 139 to show us how much God loves us and wants us to be in a daily rhythm of spending time in His Word and praying. In order to be the best at the one and only life you've been given, there can be no more coin flips on spending time with God.

DISCUSSION

1. **Read Hebrews 4:12-13.** Discuss how these verses describe the Word of God, its purpose in our lives and what it reflects about our relationship with God.
2. As a group, discuss the current rhythm you use to spend time with God. If you don't have a regular time with God, what would do you think would work for you?
3. **Read Psalm 139** out loud as a group. Take 10 minutes to pray silently about these verses and write down any reflections you have. Then, share one thing that "spoke" to you as you read the psalm.

THINK ABOUT IT

In his book *Simplify*, Bill Hybels writes about having "Chair Time," which is daily time with God. "When people tell me they just wish they felt closer to God, or they describe how they never really hear much from Him...I ask them one question: 'How's your daily time with God?' I can predict their answer: 'What daily time with God?'...find a spot you like—a chair in your home where you can sit uninterrupted...open God's Word, read it for fifteen minutes or so, consider how it might apply to your life, and then pray...Your chair time doesn't have to be an in-depth Bible study or an hour-long meditation exercise. But it should be purposeful and slow and protected from distraction, at a time of day that works best for you. Most important, it should be daily." Hybels insists that writing your Chair Time in your calendar is one of the best ways to create and keep this daily rhythm.

DO SOMETHING

1. If you don't already have the rhythm of daily God Time, now is the time to start! Prayerfully consider the best place and time of day to eliminate distractions and keep you focused on spending quality time in God's Word and prayer.
2. Find an accountability partner to help you as you start this rhythm of God Time - someone who can encourage and even teach you how to have daily time with God [your spouse, friend, small group member, coworker, etc.].
3. As a small group, commit to spend time in the Word daily. Try tackling a study that requires daily reading. It may take some members awhile to get into this rhythm, so grace and patience will be needed as each person learns the daily rhythm that is best for them.

For more information, email grouplife@prairielakeschurch.org.