

# I GOT IT.

April 16 & 17

# SEX

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## INTRODUCTION

"I got it." How many times have you said those words simply to avoid a conversation? Christians often avoid the topic of sex, regarding it as 'dirty' and because it makes people uncomfortable. Our culture is laden with sexuality; it cannot be avoided. It sells products, drives gender inequities, creates shame and shatters lives. Genesis 1:27 tells us God created man and woman, so we look to the Word to find the truth regarding sex in the final week of our series, *I Got It*.

## DISCUSSION

1. So many voices in our culture say it's 'just sex.' Read aloud **1 Corinthians 6:12-20**, **Ephesians 5:32** and **1 Thessalonians 4:3-8**. Why is it not 'just sex'? How are these three selections connected to this falsehood? Why is disrespecting our bodies in this way considered sin?
2. "Run from sexual sin! No other sin so clearly affects the body as this one" [1 Corinthians 6:18]. Because sex is not 'just sex,' much more is involved when someone is controlled by it. How does sexual sin impact lives beyond the physical act? If you are comfortable, share if you have been impacted personally.
3. Read **Luke 7:36-50**. How does this passage assure us of forgiveness?

## THINK ABOUT IT

*All this pain.*

*I wonder if I'll ever find my way?*

*I wonder if my life will ever change at all?*

*All this earth,*

*Could all that is lost ever be found?*

*Could a garden come up from this ground at all?*

So many who believe the lies of sex struggle with pain, self-doubt and hopelessness. In sex, they find fulfillment short-term but all too soon find themselves empty again. True fulfillment comes from a relationship with Christ.

*All around*

*Hope is springing up from this old ground*

*Out of chaos life is being found in You*

*You make beautiful things*

*You make beautiful things out of the dust*

*You make beautiful things*

*You make beautiful things out of us - Gungor*

No matter one's past, no matter the chaos, God loves us and forgives those who seek His forgiveness.

## DO SOMETHING

1. Pray for those trapped by the lies of sex. Ask for clarity so they can see the truth offered in scripture and the strength needed to make a change.
2. Write a letter to God reflecting upon the lies of sex. Which ones have you believed at some point in your life? Which ones do you still struggle with? Conclude your letter by writing out Romans 8:1 as a message to you from God.
3. If you or someone you love is struggling with sexual sin, help is available. Sexual addiction is real, and you cannot address it alone. Visit [xxxchurch.com](http://xxxchurch.com) for an online resource, or contact our Care Ministry by visiting [prairielakeschurch.org](http://prairielakeschurch.org) or emailing [care@prairielakeschurch.org](mailto:care@prairielakeschurch.org).